

OTC use in Norway for mometasone, ATC-code: R01AD09

- This OTC substance report is based on the assessment of the OTC indication and posology for products containing mometasone. It defines the preferred Norwegian wording for the package leaflet and labelling for OTC products containing mometasone. In addition, an overview of the approvable strength(s), pharmaceutical form(s) and pack size(s) exempt from medical prescription in Norway is included.
- The proposed OTC indication and posology in the OTC package leaflet and labelling must be covered by the information approved in the corresponding SmPC.

Preparations for nasal use, up to 50 mcg/dose

1. Package leaflet

1.1 Indication

Til voksne over 18 år: korttidsbehandling av neseplager ved allergi, for eksempel pollenallergi.

2.1 Posology

Change the quantity from the given strength to the number of entities to be taken (e.g. 1-2 tablets, 1 suppository, 20 ml...).

Voksne over 18 år: bruk 100 mikrogram i hvert nesebor 1 gang daglig. Når plagene er under kontroll, kan dosen reduseres til 50 mikrogram i hvert nesebor 1 gang daglig.

Kontakt lege etter to ukers behandling hvis plagene blir verre eller ikke blir bedre. <X> skal ikke brukes sammenhengende i mer enn 3 måneder. Kontakt lege dersom du har symptomer på allergi som må behandles i mer enn 3 måneder.

2. Labelling

2.1 Indication

State the indication as in the PIL. If the full indication is stated on the back panel of the package, the following abbreviation can be used on the front panel:

Mot neseplager ved allergi

2.2 Posology

State the dosage as in the PIL.

2.3 Other information

Not applicable.

3. Content of the pack

The table below presents the highest level of the terms for approvable pharmaceutical forms, if possible. For example: the term “tablets” includes all types of tablet formulations as for example film coated tablets or chewable tablets. For active substances where some pharmaceutical forms are exempt from approval due to safety concern, this is stated explicitly below the table.

Pharmaceutical form	Maximum strength	Maximum pack size
Nasal spray or drops	50 mcg/dose	60 doser